



**Title**

Nonviolent Communication

**Duration**

2 Days

**Objectives**

The „nonviolent communication“ according to Dr. Marshall Rosenberg helps to reorganise our linguistical expression and the way we listen to others. A new communication quality will be achieved for talker and listener and appreciation will be relieved.

**Content**

- 4 steps of authentic communication
- Address troubles actively
- Productive dealing with criticism, reproaches and accusations
- Constructive dealing with own anger instead of acting in secrecy
- Change inner conflicts into action

**Target Group**

Executives and employees that want to achieve a high quality communication level without „side effects“ in the long term.

**Comments**

Empty text area for comments.